

*Avoid these 5 Biggest Mistakes*  
**When Getting A  
Smile Makeover**



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*Patients who undergo a smile makeover often find not just the look of their teeth changed by the procedure – it also changes their lives. However, for cosmetic dentistry to change your life for the better, it is absolutely crucial to find a dentist who can act as your partner throughout the process.*

*The Villanova Dental Studio has helped hundreds of patients change their lives through cosmetic dentistry. To assist patients considering a smile makeover, we have compiled this list of 5 things you should NOT do when making the decision:*

- 1 Choosing a dentist who does not routinely perform smile makeovers.** A smile makeover is a complete set of procedures that must be custom tailored to meet your needs. Procedures are chosen to work together seamlessly. They must be performed in the correct order to avoid undoing and redoing the work, and to get the very best results. A cosmetic dentist who routinely performs smile makeovers knows how to plan complex combinations of procedures to be performed over a period of time.
- 2 Rushing to get “cosmetic” results without addressing underlying dental health issues first.** A reputable cosmetic dentist will steer you right by insisting that any underlying dental problems are taken care of so that your smile makeover gives you a smile that is both beautiful and healthy.
- 3 Choosing a dentist who does not make you comfortable.** A smile makeover can involve multiple, lengthy procedures. Many patients tolerate the process better with sedation dentistry.



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**4** **Not preparing for the cost of your smile makeover.** You do not want to get halfway into your smile makeover and discover that it is going to be more expensive than you anticipated. You certainly do not want to get into a position where you cannot complete the treatments after you have gotten started. Make sure you get the full cost before you begin, and check into financing. If it is not something that you can afford, ask your cosmetic dentist about alternatives that can accomplish your highest priority cosmetic dentistry goals.



**5** **Failing to understand how long it will take, how many appointments you will need and what will be required of you throughout the process.** A complete smile makeover is a big commitment. While it is well worth the time and effort, you need to know what you are getting into and be sure that you are willing to follow through. If the procedures your dentist recommends are going to be too much for you, ask about faster and easier alternatives, and be sure to ask what you will be compromising in results.

